



ACTIVE AGING CONSORTIUM ASIA PACIFIC

BULLETIN

MARCH 2013



From the President – Kathryn Braun (Hawaii)

Happy Lunar New Year and Year of the Snake! This is a very good year for steady progress for ACAP. We hope to continue with our monthly Bulletins, but need your help to send us stories and photos. We hope to continue to attend international conferences to meet fellow ACAP members and to support each other in the expression of our ideas about active aging. We are lucky that this year IAGG will be held in Seoul, and we look forward to seeing many ACAP members at the meeting!

From the Editor – Charles Hardy (California)



We have three interesting submissions this month: a report on the visit to Honolulu by faculty and students from Yamaguchi Prefecture University, Japan; a description of an inter-generational program which has merit for both generations, the skilled and the learners; and some preliminary details regarding the IAGG Symposium, Seoul, Korea, June 2013.

I look forward to including your reports and photos. Please send contributions to me at Charles@hawaii.edu. I would be honored to include them in a future issue of the ACAP Bulletin.

From Kathryn Braun and Cullen Hayashida, Honolulu Yamaguchi Prefectural University Sends Two Delegations to Hawaii

Hawaii ACAP members welcomed 27 students and 3 professors—Makiko Tanaka, Miyuki Goto, and Amy Wilson—from Yamaguchi Prefectural University (YPU) in February.



The YPU group's mission was to learn more about aging in Hawaii and to collect survey data for a cross-national study of aging. The research project was lead by Dr. Makiko Tanaka of YPU, and the students collected data from about 100 older adults at 4 sites in Honolulu, including the Lanakila

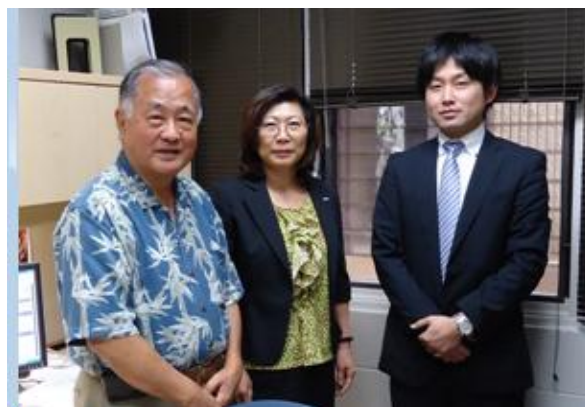
Multipurpose Senior Center, Kokua Kalihi Valley's Senior Program and two assisted living centers--the Plaza at Moanalua, and 15 Craigside. Many thanks to Michiyo Tomioka, a PhD student at the University of Hawaii, who helped coordinate the students' visits. We also thank Tammy Nakamatsu, Merlita Compton, Shannon Miyazaki, and Suzie Schulberg who hosted the students in their programs, as well as all the participating seniors.



The students also heard a lecture from Professor Kathryn Braun on aging as a global health issue. Students took a "quiz" to see how long they would live, based on their lifestyle habits and the longevity of their grandparents. For most students, the "quiz" predicted that they would live well into their 90s!

Mr. Tatsunori Umeda and Professor Masako Iwano, also from Yamaguchi Prefectural University (shown with Dr. Hayashida), visited Hawaii along with the students. Their mission was to better understand how universities, colleges, and community colleges in the US serve the community. In Japan, the government is proposing to create "Center of Community" institutions, which are universities that focus on research at the community level, meet local resident's needs, and prepare the local workforce. The visitors were interested especially in US programs related to lifelong learning, continuing

professional education, community training, community-based research, and community service.



On the first day, these visitors met by phone with Charlie Schlather and Lee Stein from Maui College about their degree programs in human services and their focus on “retooling” older adults for second careers. Then, they met with professors at the University of Hawaii at Manoa. Jay Maddock, Director of the Office of Public Health Studies, told them about the Healthy Hawaii Initiative, which provides evaluation services for the Hawaii Department of Health. Colette Browne, Professor of Social Work and former director, UH Center on Aging, described the Center’s community-based research and service projects. Finally, Valerie Yontz shared information on our programs that provide continuing education for public health professionals and engage students in community-based projects.

On the second day, the visitors toured Chaminade University, where they met with three professors. With Mae Mendelson, they discussed lifelong learning and inter-generational work. From Wayne Tanna they learned about service learning and how



it is integrated into the business classes. For example, Chaminade accounting students help the homeless with tax preparation. They also met Scott Schroeder, Dean of the School of Business and Professional Studies, reinforce the collaboration between the business school and the community. The photo shows Wayne Tanna, Mae Mendelson, Masako Iwano, Tatsunori Umeda, Dean Scott Shroeder on balcony at Business School, Chaminade University.

In the afternoon, they traveled to Kapiolani Community College. There, they met with Professor Cullen Hayashida and his team at the Kupuna Education Center. They learned about the paraprofessional, family caregivers, and active-aging-related training that this Center conducts. Professor Hayashida also had an opportunity to learn more about YPU's plans and provided some recommendations to shape their proposal.

**From Dr. Maeona Mendelson
Director, Intergenerational Center
Chaminade University, Honolulu, Hawaii
New Programs in the Field: An Intergenerational E-learning
Program Connecting Hawai`i and Japan**



The Intergenerational Center at Chaminade University in partnership with Inter Exchange, Inc. has launched an e-learning program pilot called Email Mentor Communication (EMC). The program fosters cross-cultural and intergenerational cooperation by

recruiting older adult volunteers in Hawai`i to assist Japanese students in Japan to improve their written English through regular email correspondence.

The EMC method of learning written English is an approach that encourages creative writing on subjects of mutual interest to the mentor and student. Mentors ask open-ended questions. The written English responses of the students are not corrected. Grammar and spelling errors are ignored. In turn, students are encouraged to write English from pictures in their minds rather than translating from Japanese into English.

The positive outcomes of this pilot have been consistent. Students grow in confidence and are enthusiastic about writing to their mentors who are non-judgmental. Written English has improved. Contributing to the students' successes has been reward enough for the mentors. Mentors are also enjoying time together at luncheons and field trips offered throughout the year.

**Announcements: Re the IAGG Symposium,
Seoul, Korea, June, 2013
From Dr. Donghee Han, Korea**

For those of you coming to IAGG, please plan to come a day early and stay a few days after the meeting. Korean gerontologists are planning two events—a pre-IAGG Conference in Seoul and a post-IAGG Conference in Busan. You are very welcome to join.

Not all the details have been fixed, but the pre-IAGG Conference is the Seoul International Gerontological Symposium and will focus on Contributions in Late Life. It will be held on June 23, 2013 at the COEX (the same venue as IAGG). The Conference will be hosted by Seoul City Hall and the Korean Gerontological Society (tkgs2010@gmail.com , <http://www.tkgs.or.kr>).



The post-IAGG Conference is the 8th ACAP meeting and Busan International Anti-Aging Expo. This 2-day meeting will be held June 27-28, 2013 at BEXCO 2F Glass Hall in Busan. The focus is on Citizen Orientation for Anti-Aging. Three topics will be addressed: 1) What are the Best Practices for Health Promotion

in the World? 2) What are the Later Life and Ethical Issues of Anti Aging?; and 3) Will Anti Aging be the Answer of Longevity?. It will also include visits to the Expo and various senior programs.

Hosting this conference are Busan City Hall, ACAP, Research Center for Anti-Aging Technology Development <http://www.aging.re.kr>, and Research Institute of Science for the Better Living of the Elderly (RISBLE, <http://www.wellageing.com>).

For this Conference, a bus is being arranged to take us from Seoul to Busan on the evening of June 26. A single fee of US\$150 will cover bus transportation, conference registration fee, and conference meals. The Seacloud Hotel is recommended (www.seacloudhotel.com), which costs US\$100 per night for 2 persons with breakfast. For more information, contact Donghee Han at dongheeh@gmail.com.